

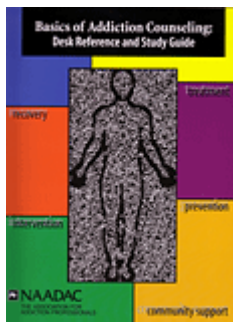
## **Preparing for the CDP Examination DASA Sponsored Training**

<b>Instructor</b>	Marcia Richard, LICSW, CDP, NCAC II Home: 509-276-9324 Work: 509-325-2355 ext: 211 Email: MarciaR@p-h-s.com
<b>Course Description</b>	<p>This course is designed to assist the Chemical Dependency Professional-Trainee (CDP-T) to prepare for the state certification exam. This course is a general overview and is based on the text offered by NAADAC titled:</p> <ul style="list-style-type: none"><li>• <b>The Basics of Addiction Counseling: A Desk Reference and Study Guide</b></li></ul>
<b>Course Rationale</b>	<p>This course is an effective way to review content areas of the certification exam. Through this review process the trainee will be able to identify areas of addiction counseling they believe are a 'weakness' for them to so they can study more effectively. Some time will be devoted to developing a 'study plan' to assist the trainee in further preparing for the exam outside of this course.</p>
<b>Content Areas For Review</b>	Test Taking and Developing a 'Study Plan' Counseling and Professional Issues Counseling Practice Theoretical Base of Counseling Pharmacology of Psychoactive Substances
<b>Format</b>	<p>There will be lectures, discussions and group participation/activities. It is expected that the trainee will be an active participant in this learning process.</p>
<b>Disclaimer</b>	<p>This course is not purported to be either all-inclusive or in sufficient detail to ensure success in passing the state certification test.</p>

# TRAINING OUTLINE

DATE	CLASS CONTENT
January 28, 2008 (8:30-4:30)	<p>Review Course Outline Information About the Test Test Preparation Self-Assessment Scale Developing a 'Study Plan'</p> <p>Professional Issues: Code of Ethics, Confidentiality</p> <p>Theoretical Basis of Counseling: Behavioral Modification Control Theory/Reality Therapy Person-Centered Therapy Freudian/Psychoanalytical Therapy Adlerian Theory Gestalt Therapy Motivational Enhancement Therapy Solution-Focused Therapy Rational-Emotive Behavioral Therapy Cognitive Behavioral Therapy 12-Steps</p>
January 29, 2008 (8:30-4:30)	<p>Screening and Assessment Movie: Assessment (optional)</p> <p>DSMIV-TR Chemical Use, Abuse and Dependence ASAM</p> <p>Movie: Relapse Prevention (optional)</p> <p>Counseling Skills and Practice</p> <p>Movie: Medical Aspects (optional) Pharmacology of Psychoactive Substances</p> <p>Practice Test and Review of Answers</p> <p><b>Final Comments and Questions</b></p>

The CDP Exam Prep Training Course will be offered on January 28-29, 2008, from 8 a.m. to 5 p.m. at the Criminal Justice Training Center in Burien. Directions are below. There is no cost to go to the course, however, students are required to purchase the NAADAC "Basics of Addiction Counseling: A Desk Reference and Study Guide" at <http://naadac.stores.yahoo.net/baofadcodere.html>. Students are responsible for all other expenses. Local hotels are available in the Sea Tac area. When registering, please request the government rate. Please contact Robin Roberts at DASA for registration information at (360) 725-3734 or by e-mail at [roberri@dshs.wa.gov](mailto:roberri@dshs.wa.gov). Thanks you.



### **The Basics of Addiction Counseling: A Desk Reference and Study Guide**

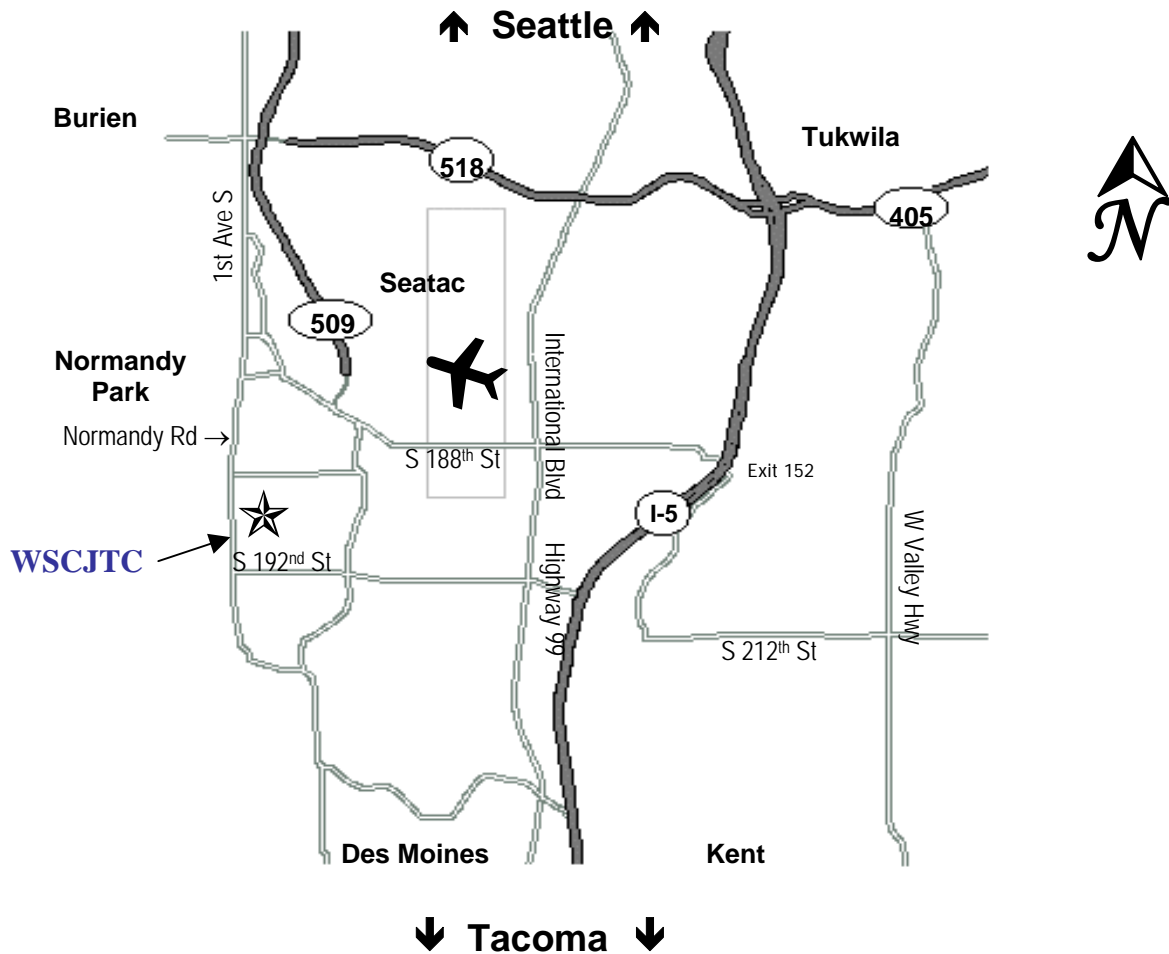
This newly revised manual is designed as an outline of the knowledge base for the alcoholism and drug counseling professional. This manual caters to the unique learning styles of each counselor, incorporating more charts, graphics, and diagrams to illustrate important points and to ensure more retention. It is invaluable as a reference tool for experienced professionals, and it is also extremely useful as a primary aid in preparation for certification exams. Divided into four modules, it encompasses the pharmacology of psychoactive substances, counseling skills and practice, the theoretical base of counseling, and professional issues. A bibliography is included for further study. Contributors include: Misti Storie, MS, Kathryn Benson, NCAC II, Arthur Freeman, EdD, Ted Godlaski, MDiv, MAC, Anne Hatcher, NCAC II, Murray Kelly, TAS, Shirley Beckett Mikell, NCAC II, SAP, Sharon Morgillo Freeman, PHD, MAC, and Michael J. Wagner, LCSW, MAC.

**Non-Member \$120.00**

Order

# Washington State Criminal Justice Training Commission (WSCJTC)

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## DRIVING DIRECTIONS:

### *Traveling I-5 from Seattle (southbound)*

Take 188th Street exit (#152) and travel west (right) for nearly 3.5 miles on 188th Street until it ends at 1st Avenue South. Turn left (south) on 1st Avenue and go nearly one mile through one traffic light to CJTC on left (east) side of street. The campus is the first left turn lane past the Normandy Street traffic light. Take the immediate right into the parking lot.

### *Traveling I-5 from Tacoma (northbound)*

Take 188th Street exit (#152) and travel west (left) for nearly 3.5 miles on 188th Street until it ends at 1st Avenue South. Turn left (south) on 1st Avenue and go nearly one mile through one traffic light to CJTC on left (east) side of street. The campus is the first left turn lane past the Normandy Street traffic light. Take the immediate right into the parking lot.

